A physiotherapists view on how technology can shape the future





- Onsite Physiotherapy
- Injury Management
- Telehealth
- Ergonomic Assessments
- Workplace Risk Assessments
- Functional Capacity Evaluation
- Health and Hygiene

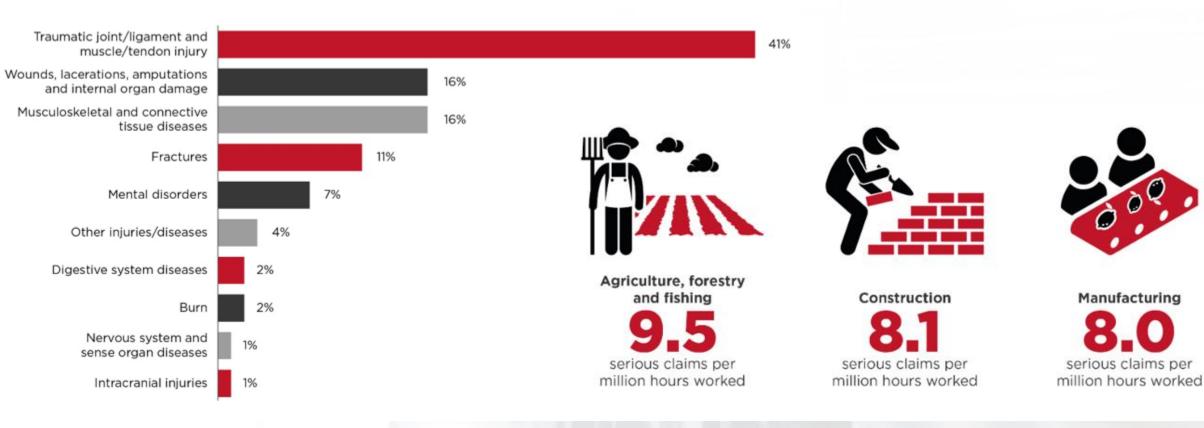








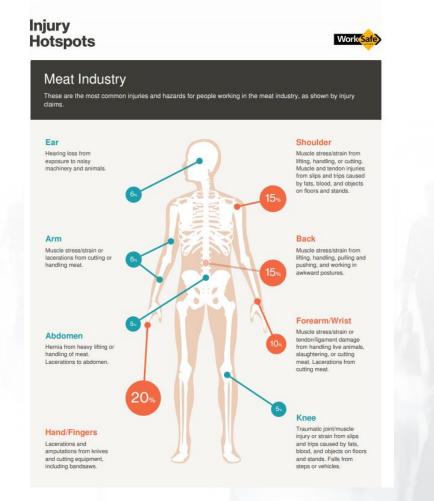
What's the problem?





Manufacturing

Where do we see the injuries?



Injury Hotspots

Psychological

System

Arm

boxes.



Agriculture Sector

These are the most common injuries and hazards for people working in agriculture, as shown by injury claims. The agriculture sector includes arable and livestock farming, horticulture and nurseries.



lifting heavy bags of feed, chemicals, or potting mix. Traumatic joint/muscle injury or strain from lifting heavy trays. Fractures from slipping on wet floors or uneven surfaces.

Leg

Traumatic joint or muscle injury from being kicked or tripping over animals, and tripping over materials or equipment, Muscle stress/strain from tripping while climbing fences, or exiting tractors. Wounds/lacerations from falling on rough, uneven ground.

Shoulder

Muscle stress/strain from heavy lifting of animals. hay bales, or punnets. Traumatic joint/muscle injury or strain from heavy lifting.

Back

Muscle stress/strain from heavy lifting of feed, produce, and animals. Traumatic joint/muscle injury from lifting tractor attachments, digging trenches, or stacking boxes.

Hand/Fingers

Wounds/lacerations or fractures due to hammering in stakes, being crushed between materials/plant/machinery. and pneumatic air snips and chain saws.

Knee Muscle stress/strain from slipping or tripping on uneven surfaces, repeated kneeling, or when exiting vehicle/plant. Traumatic injury from falls from ladders, plant, and

machinery.



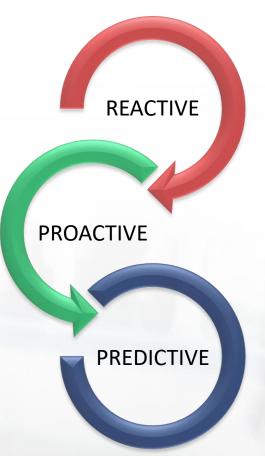


"Better Health, Better Business"

Primary Prevention – Prevention of an injury before it occurs e.g. Proactive identification of a risk and elimination of that risk

Secondary – Reducing the impact of an injury that has already occurred e.g. EIP programs, telehealth, medical treatment, injury management

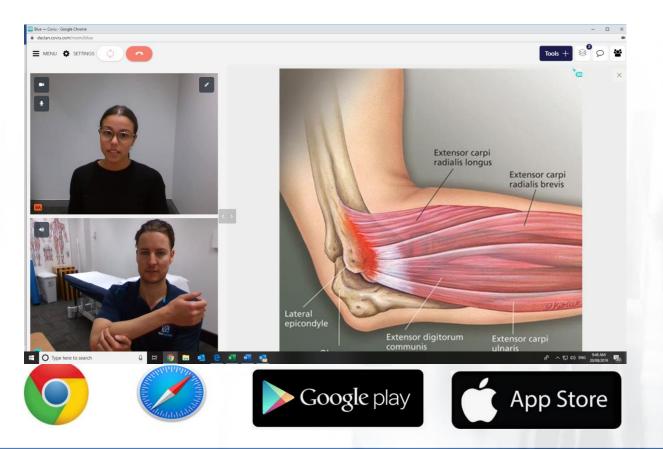
Tertiary prevention –Reducing the impact of a persistent injury/illness e.g. Injury rehabilitation programs, vocational rehabilitation programs





Reactive – early intervention





- More than 7000 cases now managed
- Maintained relationships between employer and employee
- >98% stay at work rate
- >90% work related cases managed <\$800 without opening a claim
- Significant reduction in costs and workplace statistics
- Improved workplace culture



Technology

- **Risk Assessments** •
- Pre employments
- Wearables •
- Google glasses ٠
- Training AR/ VR, Biofeedback ٠ tools
- Infrared scanning •
- AI •
- But we require people for many ٠ tasks - how can we improve them?

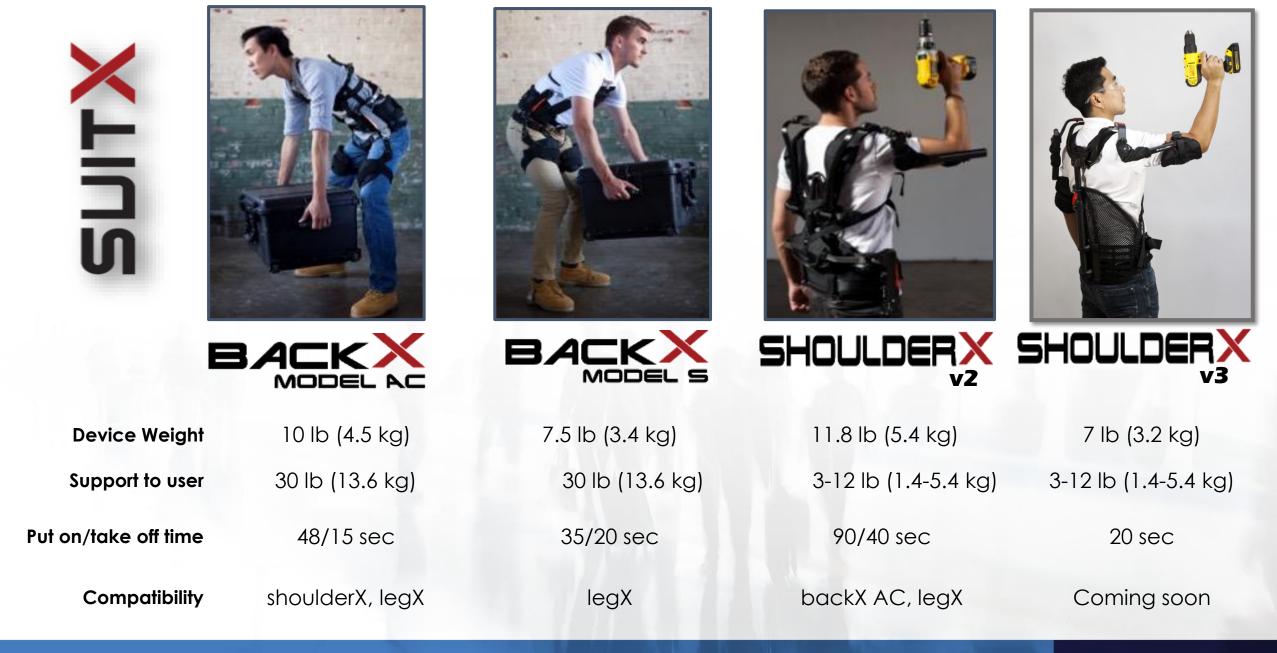




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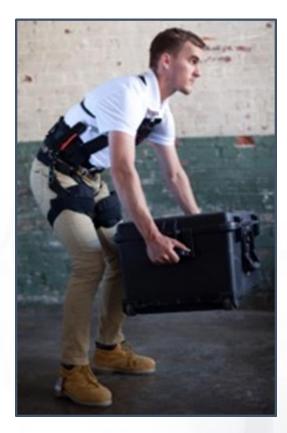








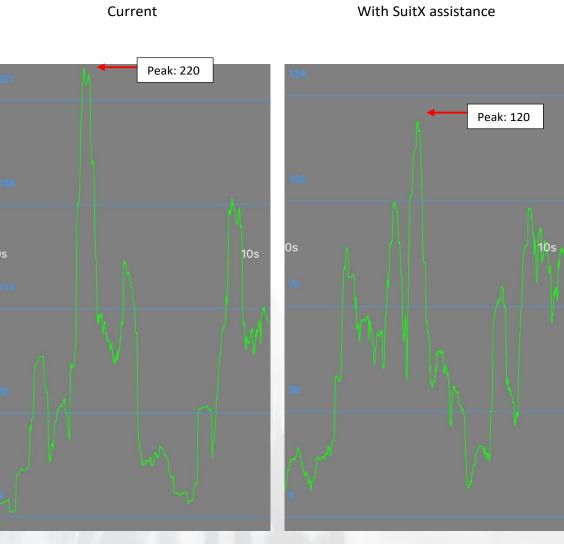
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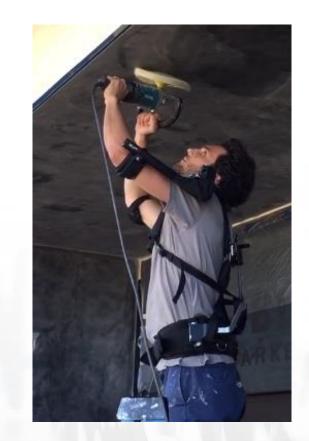




Scaffolding Construction Data:

ShoulderX V2







https://youtu.be/Q5aQGxIB8pE



ShoulderX V3











"If you are nothing without this suit then you shouldn't have it." Tony Stark Questions?

